Why do you think the triploid patterns in Macbeth are important? Consider the concept of natural order and balance in human life and link with Macbeth’s actions in the play.

The recurring triploid patterns in Macbeth serve to ground the play’s themes of natural order / balance, as the number 3 can be seen in several of the significant events.

Colour

Lady Macbeth: “Was the hope drunk/wherein you dressed yourself? Hath it slept since?/And wakes it now, to look so green and pale/At what it did so freely?” (I,vii,38-41)

Her saying Macbeth is “green and pale” signifies his weakness.

Macbeth: “You make me strange/Even to the disposition that I owe/When now I think you can behold such sights/And keep the natural ruby of your cheeks/When mine is blanched with fear.” (III,iv,133-137).

The “natural ruby” is a metaphor for Lady Macbeth’s enduring dignity / composure.

Macbeth: “The devil damn thee black, thou cream-faced loon.” (V,iii,11)

Macbeth: “I have lived long enough: my way of life/Is fall'n into the sear, the yellow leaf;/And that which should accompany old age,/As honour, love, obedience, troops of friends,/I must not look to have.” (V,iii,25-29)

Macbeth compares his declining livelihood to the withering of an autumn leaf.

Clothing

Banquo: “New honours come upon him./Like our strange garments, cleave not to their mould/But with the aid of use.” (I,iii,159-161).

Banquo implies that it will take time to become fit for these “new honours”, comparing it to the breaking-in of clothing.

Macbeth: “We will proceed no further in this business./He hath honour’d me of late, and I have bought/Golden opinions from all sorts of people,/Which would be worn now in their newest gloss,/Not cast aside so soon.

The opinions being worn in their “newest gloss” represents the fragility of his newfound positive image, reinforcing his apprehension towards ruining it.

Lady Macbeth: “Was the hope drunk/wherein you dressed yourself? Hath it slept since?/And wakes it now, to look so green and pale/At what it did so freely?” (I,vii,33-41)

Angus: “Those he commands move only in command,/Nothing in love. Now does he feel his title/Hang loose about him, like a giant's robe/Upon a dwarfish thief. (V,ii,22-25)

This expresses how Macbeth does not fulfill the expected role of a king, and is unworthy of the title.

Consider the story to induce dopamine.

* What does the release of dopamine achieve in the body? How does it help cultivate a relationship between the storyteller and the recipient?

The release of dopamine in the body can promote a sense of satisfaction in the reader, encouraging focus and helping to form an emotional connection to the characters and narrative.

* How does he achieve it? What literary techniques does he employ?

Phillips demonstrates that incorporating cliffhangers can create anticipation in readers (or in this case listeners).

* Why is the story effective?

The story engaged the audience in an emotionally imposing scenario, then allowed them to form their own interpretations of how the narrative would be resolved.

Consider the story to induce oxytocin.

* What does the release of oxytocin achieve in the body? How does it help cultivate a relationship between the storyteller and the recipient?

Phillips says that the release of oxytocin encourages generosity, promotes trust, and fosters a “bond” with the storyteller.

* How does he achieve it? What literary techniques does he employ?

He recounts a true story from his childhood, involving the prenatal passing of his younger brother

How else does he achieve his desired response in his audience. Consider body language and voice.

Why is the story effective?

Consider the story to induce endorphins.

What does the release of dopamine achieve in the body? How does it help cultivate a relationship between the storyteller and the recipient?

Phillips uses a video clip, instead of an anecdote to achieve this? Why was this effective?

What literary techniques could you employ to release endorphins in a reader?

Define functional storytelling. Why is this approach effective?

Why is the emotional response of your reader or viewer important to consider when writing?

How does this Ted Talk show the power of storytelling? Consider the items in the graphic above listing the possibilities of stories.